



Diabetic Instructions: (Non-Insulin Dependent Patients)

DAY BEFORE YOUR PROCEDURE:

- You may have a scrambled egg or dry toast in order to take your diabetic medication.
- The rest of the day will be clear liquids only along with your colon prep solution.
- Monitor your blood sugars more frequently throughout the day.
- If your blood sugar drops, you may have 6oz of apple juice to increase your blood sugar level.

MORNING OF YOUR PROCEDURE:

- **Do not take your diabetic medication** the morning of your procedure.
 - You will have no intake of food or drink to counter the effects of the medication.
- Continue to monitor your blood sugar levels, and call with any critically low levels.
 - A blood glucose level below 80 should warrant a call.
 - This may require us to address the levels with a blood glucose increasing agent.
- Take the rest of your approved medications with a sip of water.
 - Some of those medications would be as follows: Blood Pressure, Pain Medications, Anti-Anxiety, Depression Medications, Thyroid Medications, Decongestants, etc.
- Again, please do not take your diabetic medication the morning of your test. You may resume your medication intake after your procedure.

Note: Please bring a current updated list of medications you are taking.